

Monk Fryston Hall Hotel

WEEKLY LUNCH MENU

Chef's soup of the day served with golden croutons **£4.05**

Rosette of melon with berries topped with blackcurrant sorbet **£4.55**

Caesar style salad with smoked chicken, crispy bacon & croutons **£4.80**

Warm feta cheese & ratatouille tartlet with a peppercorn, dill & pimento dressing **£4.75**

Prawns on a bed of celery and apple topped with lemon mayonnaise and walnuts **£4.95**

Tian of beef tomato & buffalo mozzarella with a green pesto dressing **£4.95**

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Seared supreme of chicken filled with prawns served on creamed potato and light Rosemary sauce **£9.50**

Fillet of pork filled with Stilton cheese encased in bacon and served on herb mash with a port sauce **£10.95**

Lightly grilled noisettes of lamb on mashed potato with creamy mint sauce **£10.25**

Char grilled sirloin steak on courgette Provencal with garlic sauce **£11.25**

Poached fillet of salmon served on a bed of creamed spinach and vermouth sauce **£9.55**

Stir fried vegetables on a bed of noodles with a lime & soy jus **£8.50**

(Served with market fresh vegetables and potatoes)

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Traditional sultana sponge with creamy custard **£3.95**

Whisky and honey cheesecake with vanilla seed ice-cream **£3.95**

Mango bavourise with vanilla cream **£3.95**

Dark chocolate tart with Chantilly cream **£3.95**

Profiteroles and chocolate sauce **£3.95**

Yorkshire cheese platter with celery grapes and chutney **£5.95**

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Fresh ground coffee and mints **£2.65**

January 2008

Please note that some of the dishes on our menu may contain nuts